**Online guidance for adults caring for young people**

**Hampshire and Isle of Wight Constabulary**

Our Education Partnership Team have produced 8 bite-size online safety videos for adults caring for young people. The inputs cover subjects that parents and Schools have identified as the main area of concern for their children and young people whilst they are online. The videos are between 1 to 8 minutes long and we advise watching them in order. A full transcript of the videos is available and will be shared alongside this document.

Please find links below:

1. Introduction - [https://youtu.be/B\_M6zaizaXE](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FB_M6zaizaXE&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486711426%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=XaEiq9jcH%2F526aBkAWvcGYWEnn8lDombpBiRiY9BvRA%3D&reserved=0)
2. How do you keep your children safe online? - [https://youtu.be/j2l0lp3aAC4](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2Fj2l0lp3aAC4&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486711426%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=13T%2BEvTToZWFNLbTETwabNfKnzWqqwtugQdSOk7CjSM%3D&reserved=0)
3. A balanced view - [https://youtu.be/xwkxkTAM0AU](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FxwkxkTAM0AU&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=fifq7Xzo8Qf%2B1ZdIm09W0HwBBFguSHjsLmBIifQD7cA%3D&reserved=0)
4. CEOP 6 Values - [https://youtu.be/Kr5ndZqGXE8](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FKr5ndZqGXE8&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=chiaP9DSBO5mp0E7aJtooUVRv00Ma0MVFy%2BPHv1Rk0U%3D&reserved=0)
5. Apps, games and social media - [https://youtu.be/ie0l2s\_PLwI](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2Fie0l2s_PLwI&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=KzGxFLzdnwVSf2nEsH5Tapdz%2FGna%2Fst2R8R%2BIzTGfmI%3D&reserved=0)
6. Cyberbullying - [https://youtu.be/BJwNbDFygkc](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FBJwNbDFygkc&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=xPkcB0%2ByWJFFcsnHbLKuGHN846TKQWZBJ4mtM1nL0rk%3D&reserved=0)
7. Nude and sexting - [https://youtu.be/pUw64jAGsjE](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FpUw64jAGsjE&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Ht1wT6illWfkA1W1Xmq87Sbt5byalM1dWH7LmeL%2FJFc%3D&reserved=0)
8. Curious conversations - [https://youtu.be/1PJZxGsUxkM](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2F1PJZxGsUxkM&data=05%7C01%7Cerica.hills%40hampshire.police.uk%7Cd4e601d9da0c49faf9c808daf3cbb58c%7C23de4379957a41a69587165d6c6b4dbd%7C0%7C0%7C638090353486867652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=KnKzRaC%2B1%2B3d50lRhzNr8LX6mrIPk5yRN8Pc5s0qvYQ%3D&reserved=0)

**Further information and Support**

Please find below a list of resources and videos mentioned in the inputs.

**NSPCC** - [Report Remove | NSPCC](https://scrqualitymarkers-scie.nspcc.org.uk/keeping-children-safe/online-safety/online-reporting/report-remove/)

**Childline -** [Sexting and sending nudes | Childline](https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/)

**Conversations around Nudes -** <https://youtu.be/XjV0lKYpakk>

**Safe4me -** [Safe4Me – Hampshire Police's free education resource programme for schools, colleges and partners in Hampshire and the Isle of Wight](https://www.safe4me.co.uk/)

**Parental Controls -** [Parental Controls & Privacy Settings Guides - Internet Matters](https://www.internetmatters.org/parental-controls/)

**Appropriate ages -** [Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media](https://www.commonsensemedia.org/)

**Information about online exploitation -** [CEOP Education (thinkuknow.co.uk)](https://www.thinkuknow.co.uk/)

If you have any further questions please make contact with the School and they will direct them to our team. We are a learning organisation, please can you spend a few moments filling out the attached feedback form and returning to [schoolyouthengagement@hampshire.police.uk](mailto:schoolyouthengagement@hampshire.police.uk) thank you.