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Headteacher: Mr D. Mills

Monday 15th June 2026

Dear Parents/Carers,

Relationship, Sex and Health Education (RSHE)

Children are due to undertake lessons linked to Relationship and Sex Education this half-term which is part of the Personal, Social and Health Education learning. An outline is as follows:

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|--------|--|
| Year 1 | Know how to keep private parts safe Respecting other people's bodies |
| Year 2 | Beginning to understand how our bodies change as we get older |
| Year 3 | How our bodies change as we get older. |
| Year 5 | What is puberty? What is menstruation? Why do we need to clean ourselves more during puberty? How do males and females change during puberty? |
| Year 6 | How are our emotions affected by puberty? How do our bodies change during puberty? Do you ever feel pressure to look a certain way? Sexual reproduction |

*There are no RSHE objectives for EYFS or Year 4

Due to legislation which came into force in 2020, parents cannot withdraw their child from the statutory content included in National Curriculum Science or PSHE however, parents have a legal right to withdraw their children from elements of the Relationship and Sex Education. Any parent wishing to withdraw their child from the objectives in the above table should email adminoffice@ropleyschool.hants.sch.uk by Friday 26th June 2026. This is an opt-out requirement.

Parents/carers who do withdraw their children will be alerted to the possible consequences of doing so during the discussion between the school and the parents/carers. Possible consequences could include, for example, if a pupil is withdrawn from the RSE sessions, they will no doubt hear about the content of sessions from other pupils and this may not be in a supportive, controlled or safe environment, like the classroom would be. They may also seek out their own information via the internet, which may result in them finding out incorrect information and possibly put them in an unsafe situation.

A copy of the school's Relationship, Sex and Health Education policy can be found on our website [here](#). Last month we held a workshop so parents could see the resources used in the lessons.

If you would like to discuss the content of the sessions, or are concerned about how your child may respond, please speak to your child's class teacher.

Kind regards,

Daniel Mills