

APPRECIATION ♥ BELONGING ♥ COMPASSION

During Lent, let us find ways to overcome our indifference

WORLD BOOK DAY

The children spent the day on Thursday immersed in all things books! There were some fantastic book character costumes and some very snuggly, bedtime pyjamas! Everyone took part in a collaborative project around the book 'The Night Box'. Our younger children used junk modelling etc to create characters/props so they could re-tell the story to each other. Children in Years 2 and 3 created a night acrostic poem which was then displayed in/on their box for them to then read aloud to each other and our older children created a comparison poem (in a style of their choice) to represent night and day. They also enjoyed different stories from the staff! There are lots of photos on our website, under the [News and Events Tab](#), do take a look!



NETBALL FESTIVAL



On Wednesday, some of our Year 3 and 4 children took part in a Netball Festival at Perins, along with children from other local schools. They did a number of activities to improve their throwing and catching skills and then played some mini

netball games. Well done to **April H, Rosie R, Rosie C, Bea D'A, Mckenna F, Eva McC, Freya C, Eden M, Etta B and Beau B** who represented our school brilliantly!



WHY PANCAKES ON SHROVE TUESDAY?

We all enjoyed pancakes on the lunch menu on Tuesday and I'm sure many of you enjoyed them at home too! But, did you know why we eat pancakes on Shrove Tuesday? Shrove Tuesday is the last day before Lent, which is a 40 day period of fasting and ends on Ash Wednesday. The 40 days represents the time that Jesus spent fasting in the desert. Shrove comes from the Anglo Saxon practice of 'shriving' which is confessing your sins to a priest and receiving absolution. In other words, they would be 'shriven'. Christians traditionally give up rich, tasty foods for Lent, such as eggs, butter and sugar, and pancakes are a great way to use up these ingredients before fasting!



BEE RECOGNISED

In our Bee Book and in Celebration Worship this week the following children were recognised:

Bumblebees: *Isla G and Tilly D* for bee-ing superstars this week. Every day they have been helpful and kind, they have shown great enthusiasm for learning and have followed our three school rules brilliantly. A BIG well done!

Honey Bees: *Bessie B and Jenson K* for working REALLY hard in English this week and putting so much effort into their handwriting, it has been noticed by many! Keep up the super work!

Carpenter Bees: *Grace W* for some super writing this week. She has been able to use different types of sentences to give advice to Lizzy on how to look after her cloud.

Theo C for an excellent understanding of measuring accurately using a ruler and metre stick to measure in metres and centimetres.

Year 3: *April H* for bee-ing super enthusiastic and helpful throughout World Book Day! Also for helping a classmate, who was struggling with their work. Well done April!

Lucas R, Artie C, Rosie C and George R for writing fantastic sub headings to start their work off and continuing on to write fabulous paragraphs around a theme. Great job, all of you!

Honeycomb: *Arthur M* for bee-ing a fantastic and encouraging learning partner, always bee-ing Ready, Respectful and Safe.

Theo G for making a fantastic effort in all his learning but particularly with his English work; taking onboard feedback and making edits to further improve his work.

Year 5: *Elijah M, Samuel P and Art S* have made a great start to our new maths unit on decimals, working efficiently and demonstrating good learning.

Year 6: *Lucas D, Olivia Y and Ettie D* for making fantastic progress in maths recently, especially in their arithmetic skills. Keep it up!



OUR ACHIEVEMENTS

Congratulations to **Oliver H** who had an outstanding football match with his team Manor Colts FC on Saturday. The 'Warriors' won their game 6-0, while Oliver scored a hat-trick and was awarded man of the match. The team was very proud of him, as are we. Very well done, Oliver!

Congratulations, also, to **Rafferty H and Ellie N** who qualified for the District Cross Country in Basingstoke. The course was significantly longer and muddier than when they took part at Perins last month and were up against children from schools across the county. They both performed brilliantly, representing our school with team spirit and enthusiasm. Well done to them both, we were very proud of you.

PERINS SCHOOL
Aspire TODAY Inspire TOMORROW

Thursday 26th June
BOOK NOW

OPEN MORNING
Student tours from 9:10 - 11am

OPEN EVENING
Headteacher welcome at 5pm & department activities until 7pm

We were really impressed with the school, the staff in particular were very polite, happy and that they truly cared in creating a lovely atmosphere

Book via our website www.perins.net/open-days

SECOND HAND UNIFORM SALE

Wednesday 12th March
3.15pm
In Norma's Garden



Please bring small change with you! All items are in excellent, clean condition and are £1 per item!

Happy Birthday to all the children who have their birthday in this week:

Lulu M *Ida J* *Hugo C*
Oliver McH *Gwen B* *Freddie J*
Rory C

Thank you to *Ida J* who has donated a book to the library to celebrate her birthday. Mrs Howling will put a sticker in the front with her name on it.

If you would like to donate a book, or something else, for your child's birthday, the link to our wish list is:

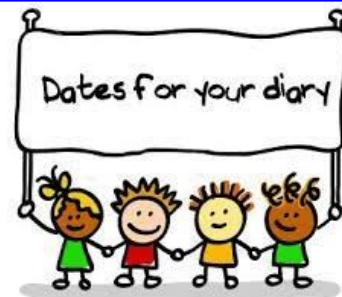
<https://amzn.eu/bXvpSme>

During Worship this week, the children learnt more about Lent and what it means to fast. They learnt that Christians have given up things for Lent for the last 2000 years and believe that this helps them to focus more on God. During Lent, Christians 'Lament, Repent, Sent'. This means they ask God for help, turn away from bad things and turn to God's light and help those in need with time and resource.



SPRING TERM 2024/25

Mon 10th Mar	Inclusion Hub, 8.45am-9.30am, Staff Room Parents Evening bookings close midnight
Tues 11th Mar	Year 5 visit to Eggars to see Annie Year 6 Welcome Event at Eggars for all students who have applied to Eggars for Year 7 See Poster on Page 4
Wed 12th Mar	FINAL Teacher Led Club 2nd Hand Uniform Sale, 3.15pm
Thur 13th Mar	Quarter Finals - Football Year 5 & 6, Four Marks Primary, 3.30pm
Tues 18th Mar	Parents Evening, 3.30pm to 6.30pm
Wed 19th Mar	Parents Evening, 3.30pm to 6.30pm
Fri 21st Mar	Comic Relief Day
Tues 25th Mar	Year 3 Listen2Me Performance to Parents, 11am Year 5 & 6 Handball Tournament, 3.30pm
Mon 31st Mar	School Nurses National Child Measurement Programme - Spring Born Year R
Tues 1st April	Year 3 & 4 Tennis Festival at Eggars, 3.30pm
Thur 3rd April	School Easter Fundraiser, 3.15pm - 4.45pm Nectar Class Fundraiser - Jumble Sale, 3pm
Fri 4th Apr	End of Spring Term



SUMMER TERM 2024/25

Tue 22nd Apr	Return to School for Summer Term
Wed 30th Apr	Honeycomb Class—River Arle Study
Thurs 1st May	Bumblebee Visit to Newhouse Farm, Alresford
Mon 5th May	Inclusion Hub, 8.45am-9.30am, Staff Room
Tues 6th May	Nectar Class—River Arle Study
Mon 12th May	SATs Week starts - Year 6
Tues 13th May	School Nurses National Child Measurement Programme—Summer Born Year R
Mon 19th May	Beekeeper Class—River Arle Study
Fri 23rd May	End of Summer Half Term 1
Mon 2nd June	INSET Day
Tue 3rd June	Return to School for Summer 2
Tue 10th June	School Nurses Vision Screening - Autumn and Spring Born Year R
Fri 13th June	Class Photos
Wed 18th June	Year 6 Winchester Cathedral Leavers Trip Years 3, 4 and 5 Trip to Marwell Zoo
Fri 20th June	Fire Visit Years 2 and 5
Mon 23rd June	Inclusion Hub, 8.45am-9.30am, Staff Room
Thur 26th June	Hampshire Sport Festival - 10 Children
Fri 27th June	Sports Day
Fri 4th July	Reserve Sports Day
Tues 15th July	School Nurses Vision Screening - Summer Born Year R

SAVE THE DATE

DISCOVER YOUR EGGAR'S Year 6 Welcome Event



We would like to invite all current Year 6 parents who have applied to Eggar's to attend our event to welcome families into the Eggar's community.



Tuesday 11th March

17:30-18:00 & 18:00-18:30



Easter Holiday Tennis - Four Marks Recreation Ground

We are pleased to be partnering with Absolute Tennis to offer tennis sessions over the upcoming Easter holidays.

You can book individual days or all four at a discounted rate. Sessions are run by LTA qualified coaches and open to children aged 4-11 years old.

For more information / book, simply follow the relevant link below.

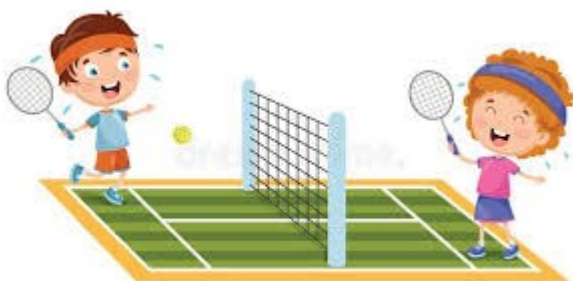
Children 4-7 years old

<https://absolutetennis.classforkids.io/camp/123>

Children 8-11 years old

<https://absolutetennis.classforkids.io/camp/124>

If you would like individual coaching, email martin@absolutetennis.co.uk to make an enquiry.



What Parents & Carers Need to Know about ESPORTS

British Esports describes 'esports' as "competitive gaming, human-v-human, usually with a spectator element to it". In recent years, the esports industry has grown significantly – and is expected to reach an overall worth of \$1.2 billion, with around 30 million monthly viewers, by the end of 2022. This rapid evolution has presented even more opportunities ... but, of course, opportunities usually come with a risk. Here, we've highlighted some of the potential hazards within the esports arena and suggested ways to help young people stay safe so they can make the most of this exciting space.

WHAT ARE THE RISKS?

MICROTRANSACTIONS

Microtransactions are in-game purchases that unlock new features or give players special abilities, characters or content. These can cost anything from 99p to £99 (and sometimes more!). The topic of microtransactions in gaming is heavily scrutinised – with cosmetics, pay-to-win features and loot boxes all being a source of contention for gamers and governing bodies in recent years.

MENTAL HEALTH

Studies show that esports competitors face the same level of mental health issues as athletes from traditional sports, along with some specific additional demands. Like mainstream professional sport, esports is an incredibly tough industry – requiring countless hours of practice. Competing at the highest level can lead to pressures such as handling setbacks, stressful situations and facing criticism.

INAPPROPRIATE CONTENT & BEHAVIOUR

Only 22% of gamers globally are aged between 10 and 20 – meaning the majority are adults, who might not always act or talk in a way that's appropriate for children. Like traditional sport, esports has many athletes and 'personalities' to look up to. However, it's important that your child stays aware of how influenced they are by the people they follow, and whether the athlete is age appropriate.

TROLLS & TOXICITY

An internet troll is someone who tries to offend people and cause trouble by posting derogatory comments. Toxicity, as in the real world, refers to negative behaviours like harassment, verbal abuse and inappropriate conduct, which all impact on wellbeing. Trolls and toxicity are an issue within esports, perhaps due to its pressurised, extremely competitive and high-stakes nature.

POSSIBLE EXPLOITATION

The revenue in esports is potentially vast. Organisations often look to professionals and content creators to help grow their brand, in exchange for the organisation's backing, a salary, and marketing and sponsorship benefits. However, the industry is still in its infancy – and so is its regulation. In some countries, esports isn't regulated at all, so things can get sticky if players don't know what they're doing or who they're working with.

PHYSICAL EFFECTS

The common perception of esports involves a sedentary lifestyle, an unhealthy diet and very little physical activity – which has obvious health implications. It's certainly true that players sit at their desk for hours, looking into bright screens and not getting regular exercise. Some professional esports players have nutritionists, personal trainers and dieticians specifically to protect their health.

Advice for Parents & Carers

ENCOURAGE BALANCE

Dedicating oneself intensely to any activity – including esports – can be harmful, both mentally and physically. Make sure your child's gaming routine is balanced with exercise, regular breaks, healthy food and plenty of water. If your child spends long hours gaming, using a chair with the proper supports and taking the time to practise good posture will help protect their lower back, neck and wrists.

UNDERSTAND GAMING

Chat to your child about the games they play; ask to watch or even take part to get an idea of how appropriate they are. This will give you an awareness of the phrases esports players and content creators use, helping you understand young gamers' slang. If you find some of the games unsuitable, talk to your child about why. You can also explore age-specific settings on apps like YouTube and Twitch.

GET EXPERT HELP

If your child *does* start on the road to becoming a professional, get in touch with an esports-specific agency who are experienced in industry terminology and loopholes. Do due diligence on any team or organisation offering your child a contract: a key point is how long your child would be contracted to them – the esports industry changes quickly, so there might be better and more secure offers out there.

BLOCK TOXIC USERS

Monitoring in-game chats, or disabling them altogether (either through the console or in the game itself), is a comprehensive way to avoid negative experiences and reduce the risk of toxic messaging. Your child also has options to block messages from particular players and only interact with their friends; this can also help to prevent them from encountering the blocked users in future games.

Meet Our Expert

Nathan David is an experienced gamer, teacher and athlete. He is Course Leader for the BTEC Esports programme at Salisbury Sixth Form College. Nathan has more than 10 years' experience working in schools and colleges, and holds a Masters degree in Sport Psychology.



NOS National Online Safety®
#WakeUpWednesday

SEPTEMBER 2024					
M	26		9	16	23
T	27		10	17	24
W	28	4	11	18	25
T	29	5	12	19	26
F	30	6	13	20	27
S	31	7	14	21	28
S	1	8	15	22	29

OCTOBER 2024					
M	30	7	14	21	28
T	1	8	15	22	29
W	2	9	16	23	30
T	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

NOVEMBER 2024				
M	4	11		25
T	5	12	19	26
W	6	13	20	27
T	7	14	21	28
F	1	8	15	22
S	2	9	16	23
S	3	10	17	24

DECEMBER 2024				
M	2	9	16	23
T	3	10	17	24
W	4	11	18	25
T	5	12	19	26
F	6	13	20*	27
S	7	14	21	28
S	1	8	15	22

JANUARY 2025					
M	30	6*	13	20	27
T	31	7	14	21	28
W		1	8	15	22
T		2	9	16	23
F		3	10	17	24
S		4	11	18	25
S		5	12	19	26

FEBRUARY 2025				
M	3	10	17	
T	4	11	18	25
W	5	12	19	26
T	6	13	20	27
F	7	14	21	28
S	1	8	15	22
S	2	9	16	23

MARCH 2025				
M	3	10	17	24
T	4	11	18	25
W	5	12	19	26
T	6	13	20	27
F	7	14	21	28
S	1	8	15	22
S	2	9	16	23

APRIL 2025					
M	31	7	14	21	28
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W	2	9	16	23	30
T	3	10	17	24	
F	4*	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

MAY 2025				
M		5	12	19
T		6	13	20
W		7	14	21
T	1	8	15	22
F	2	9	16	23
S	3	10	17	24
S	4	11	18	25

JUNE 2025				
M			9	16
T		3	10	17
W		4	11	18
T		5	12	19
F		6	13	20
S		7	14	21
S	1	8	15	22

JULY 2025					
M	30	7	14	21	28
T	1	8	15	22*	29
W	2	9	16	23	30
T	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

AUGUST 2025				
M		4	11	18
T		5	12	19
W		6	13	20
T		7	14	21
F	1	8	15	22
S	2	9	16	23
S	3	10	17	24

 INSET Day

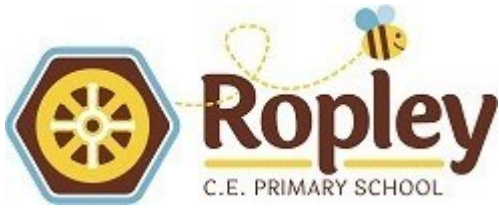


APPRECIATION ❤️ BELONGING ❤️ COMPASSION

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PUPIL PREMIUM FUNDING

Every year, the Government allocates funding to schools to help address the national trend that disadvantaged students do not attain as highly as non-disadvantaged students. This valuable extra money is allocated to schools to provide additional or enhanced provision, so that no child is left behind in their education as a result of financial circumstances. This can include subsidising after school clubs and trips as well as providing additional learning support or resources in class, for example.

Eligibility criteria

Your child may be able to get free school meals if you get any of the following:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

Parents and carers can check eligibility simply and easily by visiting:

<https://www.cloudforedu.org.uk/ofsm/hants/>

and clicking on 'New Application'. Once you have input your details it will return an instant result and notify the school office electronically of your eligibility. If you would prefer us to check on your behalf, please email Mrs Burr with YOUR name, YOUR date of birth and YOUR national insurance number. We would like to reassure you that all applications made are confidential and no child is identified as a Pupil Premium child in any way in their day to day school life. Equally being entitled to free school meals does not mean your child has to eat a meal every day!

Even if your child is in Year R, 1 or 2 and already entitled to Universal Free School Meals, if you think you might be entitled to this benefit please complete the form. This valuable extra funding ensures that we can offer many different types of support throughout the years your child is at our school and will ensure they continue to receive free school meals as they move into KS2.

**Just one day of qualifying entitlement = 6 years of funding!
Current funding = £1480 per child per academic year**